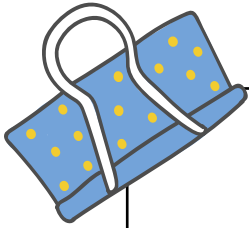


# PARENT AND CARER NEWSLETTER

●●● OCTOBER 2024 ●●●



## WELCOME!

Welcome to the October newsletter.

Students are starting to settle into their courses and have familiarised themselves with their campus. All students have completed a variety of projects as part of their induction. This has ranged from a 'Cold Case investigation' for Law, Applied Psychology and Criminology students to Animal care students demonstrating the practical skills they have learnt to parents and carers. All projects have supported students to not only develop their subject knowledge and skills but also skills relating to communication, teamwork and confidence.

October has also been a month of celebration with Higher Education students attending the Graduation ceremony at Great Yarmouth Minster and Maritime students celebrating the completion of their qualifications. There is also information on our new employability hub, Nucleus, which provides a variety of services linked to improving skills around employment.

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# GRADUATION



In October, we held our 2024 Graduation ceremony at the Great Yarmouth Minster. Congratulations again to all our graduates and thank you to all those who attended and provided support on the day.

You can read more about the celebration on the EDP [here](#).



Students at the graduation



Students at the graduation

# TRAVEL AND TOURISM ALUMNI GUEST SPEAKER



Our Travel and Tourism students were visited by Acey Aldridge, a former student who studied Travel and Tourism at East Coast College from 2022 to 2024. Acey made the brave decision to join Camp America, which led her to Camp Edey in New York, where she worked as a camp counsellor. During her visit, she spoke passionately to our students about life at the camp, her experience working with children, and her responsibilities as a counsellor.

After camp, Acey travelled around the USA. She visited a fellow student interning at a country club in Stuart, Florida, and was able to answer questions about the internship.

She continued her journey to New Orleans, where she experienced Hurricane Francine. From there, she travelled to Texas, Colorado Springs, Chicago and New York City!

At East Coast College, we are dedicated to providing enriching experiences for our students. Acey's Journey has boosted her confidence, and our students enjoyed hearing about her first-hand experiences in the camp. Acey is now considering long-term roles within the camp, and we are incredibly proud of her accomplishments!



# ART AND DESIGN TRIP

Recently, our Level 3 Art and Design students visited the Sainsbury Centre to take part in a manifesto workshop and visit the current exhibitions 'Why do we take drugs?' and 'The camera never lies.' Artist Ian Brownlie talked through the idea of a manifesto and encouraged students to think about themselves as creatives and as smaller parts of a wider world. Students then created a group creative manifesto followed by individual ones.

These exhibitions are all tied into the student's current work through the themes and research they are focusing on.



*Student attending the artist's talk at the exhibition*

# PROJECT SEARCH TOWN HALL TRIP

The Project SEARCH students enjoyed a visit from her worship the Mayor of Great Yarmouth during their induction week.

They were shown around the historic Town Hall, where some of the students have placements within Great Yarmouth Borough Council.

During their induction week, the students also received health and safety training, as well as safeguarding, GDPR and fire safety training.



*Project SEARCH students visiting the Town Hall*



# APPLIED PSYCHOLOGY, LAW AND CRIMINOLOGY ACTIVITY

The first half-term has been incredibly rewarding for our Applied Psychology, Law and Criminology students. We started the term with all groups participating in cold case investigations, helping them to get to know one another while sharpening their analytical skills. Together, we explored wellbeing through the 5 Ways to Wellbeing framework to build a strong, supportive community.

Our second-year students took their learning further by staging a realistic crime scene in the ward for their new unit, "From Crime Scene to Courtroom." They created a background story and set up evidence then invited the Level 2 group to join in solving the case, creating an interactive learning experience for all.

We also welcomed guest speakers from HKB Wiltshire Solicitors, adding real-world insights to our studies.

Well done to everyone who took part!



Students solving the case in the mock crime scene



Students with the realistic crime scene

# YOUNG BUILDER OF THE YEAR AWARDS



Jasmine Antonellou,  
Young Builder of the  
Year finalist

We are proud to announce that Jasmine Antonellou is a finalist for the Young Builder of the Year Awards 2024!

Jasmine previously completed her NVQ Level 1 in Bricklaying in just eight months and is currently undertaking her apprenticeship with us and Lovell, who will be attending the awards in November at the House of Commons. This award recognises young individuals who have overcome significant challenges to achieve success in training or securing employment within the construction industry.

Best of luck from everyone at East Coast College, Jasmine!

## NUCLEUS LAUNCH

In October, we launched a brand-new employability hub, Nucleus, in partnership with Sizewell C.

Nucleus aims to provide employment search assistance and application and interview support to adults of all ages who are looking to improve their skills and employability in the region.

Find out more about the services available [here](#).



Ribbon being cut at  
our Nucleus launch

# MARITIME GRADUATION



We would like to congratulate our Maritime class 2024 for officially graduating!

It has been a remarkable journey marked by personal growth, education, and unwavering commitment since the group joined us in January 2024. We extend our warmest congratulations to our graduates for their remarkable achievements and extend our best wishes for their future endeavours.

Thank you to all who attended the ceremony and helped us celebrate this occasion.



Student accepting their certificate from CEO Paul Padda



Student accepting their certificate from CEO Paul Padda



# WELDING SHOWCASE CHALLENGE

Welding students were challenged to design bridges that could withstand the pressure of a lot of weight. Students competed and awards were given to those who could hold up the largest weight. This was a great test of critical thinking and ingenuity and the winning bridge was so strong it held all the weight that could fit in the container that was used in the test.



*Student testing out bridge design*

## PROJECT SEARCH STUDENT JOINS CARETAKING TEAM

Project SEARCH student Lewis has been working outdoors in all weathers, he has been working out in the community with the caretaking team, ensuring the blocks of flats around the Town Hall in Great Yarmouth are cleaned and well maintained. He has also been litter-picking and reporting fly-tipping to the council. He has been so enthusiastic about going to work, even when working outdoors in the rain, he just puts his waterproofs on and gets to work! Well done, Lewis a great start to your Project SEARCH journey.



*Lewis getting settled in his new role*

# THRIVE PROJECT

Our Projects department is delivering a new Suffolk-based project called “Thrive”. Thrive is a personal development service that gives adults and young people in Suffolk the tailored support and skills that they need to take a first step into employment, education or training.

Thrive’s services are free of charge, and we have dedicated Job/Progression Coaches to help you pave the way to a successful career.

The Job/Progression Coaches for East Coast College and East Suffolk area are as follows:

- Nicola (n.murray@eastcoast.ac.uk) Supports adults (aged 25+).
- Charlotte (c.reeves@eastcoast.ac.uk) Supports young people (aged 16-24).
- Eleanor (e.rooke@eastcoast.ac.uk) Supports adults and young people.

The Thrive project offers support and guidance in:

- CV writing and interview skills
- Career options, job searching and additional training needs
  - Advice on benefits and housing
  - Funded training or work experience
  - Friendly support events

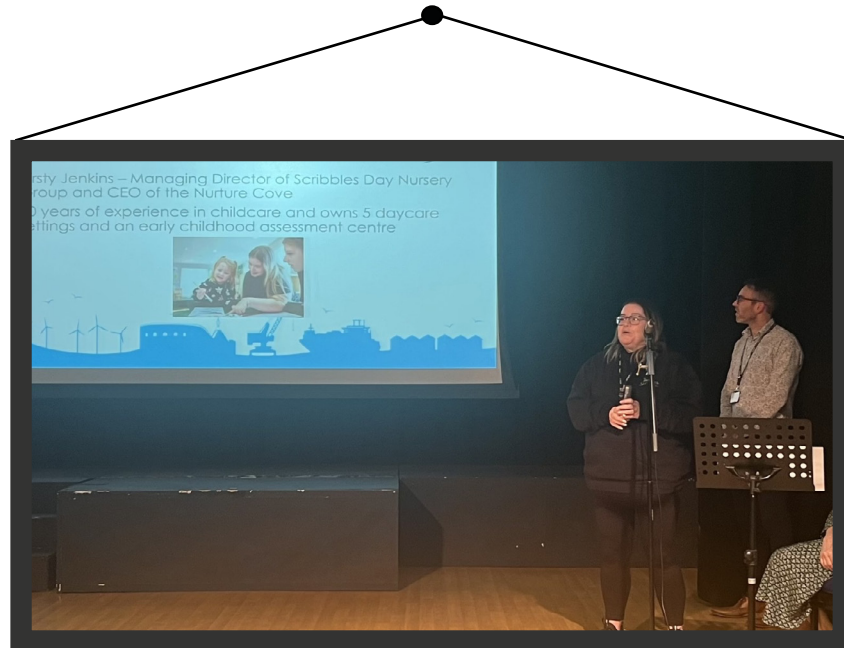
The Thrive Project aims to provide help and support to anyone aged 16 and upwards. This may be anything from applying for jobs, researching further education, or training options.

You can find further information here: [Thrive: Suffolk Skills & Employment Service.](#)

If you know anyone that you work with who would benefit from support from Thrive, or have any further questions about the project and what we can offer, please do not hesitate to contact one of our Job Coaches or pop us an email at:

[thrive@eastcoast.ac.uk](mailto:thrive@eastcoast.ac.uk)

# CHILDCARE GUEST SPEAKER



We were delighted to welcome back former student Kirsty Jenkins, Managing Director of Scribbles Day Nursery Group and CEO of The Nurture Cove. Kirsty, who now owns five successful nurseries in the area, as well as an early childhood assessment centre, generously stepped in at short notice to speak at our Parents Welcome Evening.

During her talk, Kirsty shared valuable insights on the employability skills that parents and carers can help foster in their young people. Scribbles Day Nursery is a longstanding supporter of East Coast College, regularly hosting our Early Years students for weekly placements. Many of these students go on to join Scribbles as employees, with several advancing to roles such as room leads, managers and practitioners.

A big thank you to Kirsty for giving her time and delivering such informative information!



# ANIMAL CARE STUDENT SHOWCASE

Our Animal Care Level 1 students had some family members join them as they cleaned the animal enclosures and tended to the animals. This was a great opportunity to demonstrate the skills and share the knowledge they have learned so far this year. In addition, Level 3 presented a review of their induction and created a presentation on their learning with an interactive quiz, students gave and demonstrated how to perform health checks on animals and the different diseases that can be caught early with the help of checks.



*Student and thier parent conducting health checks on a rabbit*

# CHILDCARE STUDENT SHOWCASE



*Childcare students getting involved in the activity*

The childcare department devised an idea for a teddy bear picnic as this was an activity that could involve students of all levels working together in collaboration, sharing ideas so those newer to childcare could learn from those with more experience. The picnic involved different elements of childcare, such as storytelling, being creative and various other activities.

# TRAVEL AND TOURISM ALUMNI GUEST SPEAKER



Our Travel and Tourism group recently had a visit from Tegan, who spent the last in the USA completing a paid internship in tourism and hospitality. After two years of studying Travel and Tourism at East Coast College, Tegan gained the skills that helped her secure this incredible opportunity.

Tegan's dedication and professionalism impressed her hosts so much that they have invited her to return for a sponsored, 3-year advanced internship, where she'll divide her time between Florida and New England. She departs at the end of the month.

We are incredibly proud of Tegan for pursuing her dreams and building a remarkable career!

In the photo, our current second-year students Chloe, Caitlin and Zack, have all been accepted into the prestigious internship programme. Having completed initial screenings and interviews with the company president, they are now awaiting final interviews with their designated country clubs.

# CATERING STUDENTS PREPARE FOR ESOL EVENT

Recently, our Level 2 Professional Cookery students prepared incredible food for our ESOL Showcase. It was wonderful to see different areas of the college coming together and supporting each other!

A huge thank you to Stewart Battrick and his students Leo Dowsing, Luke Lanham, Sophie Newell, and Elise Meggs for preparing the food for this event!



*Cookery student preparing food for ESOL event*

## HAIR AND BEAUTY WELLBEING WEEK

This month, our Hair and Beauty department in Great Yarmouth provided three days of treatments to raise funds to support charities and raise awareness of the importance of wellbeing. The charities- Dandelions, Dial, Mind and Marie Curie were each kind enough to send a guest speaker to visit the college and give talks to the students and their clients.

The event highlighted the importance of customer service, teamwork and wellbeing. Treatments offered by the students included hair conditioning treatments, manicures and facials. Clients all had an excellent experience and were eager to support such worthy causes.



*Beauty student giving thier client a manicure*



# VIRTUAL PRODUCTION



Recently, we were lucky enough to have Ashley and Josh from Target3D London come to our Great Yarmouth campus and installed our Virtual Production system in our green screen studio in Studio One.

They trained the studio staff on its operation and how to link it live with unreal engine to create a live filming set-up which uses a live tracking of the camera motion and the motion of the live actors.

This is exciting and current technology for the BA Visual Effects and Post-Production degree students to have available for their studies, one of their modules specifically looks at immersive technologies, an area of significant growth in the creative industries.

Virtual Production is a relatively new production method and one that is developing fast within the industry. We are really pleased to be at the cutting edge in using this technology in our teaching and on the degree programme.

# SPORT GUEST SPEAKERS



sport students  
listening to talks from  
guest speakers

In October, our Sports groups were joined by a wide range of guest speakers who provided talks and sessions across the area.

We were joined by Josh Rea, who spoke about his experience as a PT and delivered a bespoke training session. Libby Gates from Premier Education delivered multiple talks to the students about tailoring sports sessions to people's specific needs, the principles of coaching and an introduction to Premier Education. The groups were also joined by PhD student Darcie Mounter from Sheffield University, who did a talk and lesson about sports nutrition.

# MACMILLAN COFFEE MORNING

Recently, our Hospitality and Catering department hosted a Macmillan Coffee Morning, raising an amazing £380 for the cause at our Lowestoft campus.

A massive thank you to our Hospitality and Catering students who made this possible – from baking all the delicious cakes to serving them with a smile. And to all those who attended and donated!



Catering students with  
the food they made  
for the event



# Cefas Careers Event

**Are you interested in a career in STEM?**

Join us at our annual careers event to hear about STEM careers in the aquatic science sector, including different entry routes and possibilities!

We'll have stands covering marine engineering, communications, chemistry, biology and more!

Students will have a chance to:

- Hear from inspirational scientists
- Discover the breadth of careers available in aquatic science
- View our interactive science stands



Join us on Tuesday 19 November (09:30-12:45)



CEFAS, Pakefield Road, Lowestoft, NR33 0HT



Centre for Environment  
Fisheries & Aquaculture  
Science



**Cefas**





LEADERSHIP  
ACADEMY

Unloc

# ECC LEADERSHIP ACADEMY

ASPIRING YOUNG LEADERS WANTED

## Studying at East Coast College in September 2024?

Passionate about making a difference in the college or your local community and want to develop your leadership skills, knowledge and confidence?

Then join our 3-day leadership, personal development and project planning programme, open to every East Coast College student, with a chance of winning up to £1000 to kickstart a community project and showcase yourself on your CV or UCAS statement.

**Sign up now as there are only 30 spaces available!**

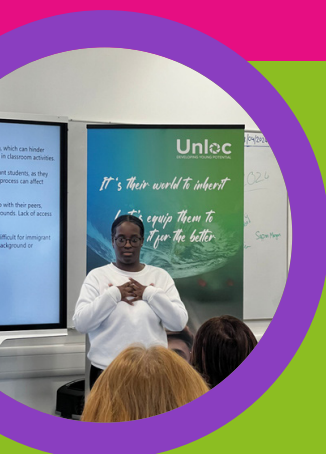


## What students say about the programme...

"It's given me connections and a chance to share my ideas"

**"Everyone made me believe I could do things I didn't think I could do. The Unloc staff made me feel wanted from start to finish and they were so supporting"**

"The programme has not only inspired me to take action, it has allowed me to facilitate the campaign that I've been thinking about since the week I joined"



Secure your place here! ↪



**UNLOC.ORG.UK/  
ECCLEADERSHIP  
ACADEMY**

To discuss further please contact Wendy Stanger at  
East Coast College on [w.stanger@eastcoast.ac.uk](mailto:w.stanger@eastcoast.ac.uk)



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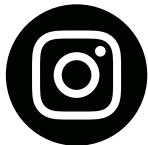
# CONNECT WITH US!



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