



## ~ PARENT AND CARER ~ NEWSLETTER



••• JUNE 2024 •••

#### WELCOME

This edition brings together a selection of student trips from South Africa to Budapest, where students have widened their knowledge of their chosen subjects.

Closer to home, students have continued to enhance their learning through visiting guest speakers from industry and attending conferences to gain further insight into possible career choices once they complete their courses.

The college has hosted a visit from the Labour Party, where they were able to showcase what Further Education can offer. The year finished with two fantastic student award ceremonies celebrating the achievements of our students throughout the year.

Our Careers and Wellbeing Team are working over the summer and here to support any queries you may have. Contact us at <a href="heretohelp@eastcoast.ac.uk">heretohelp@eastcoast.ac.uk</a> or phone our main line on <a href="mailto:0800.854.695">0800.854.695</a> and we will put you in touch with the relevant people.

Well done to our students for all their hard work and another amazing year. We hope you have a great summer!

#### S COMING UP IN THIS MONTH'S ISSUE: 🕏

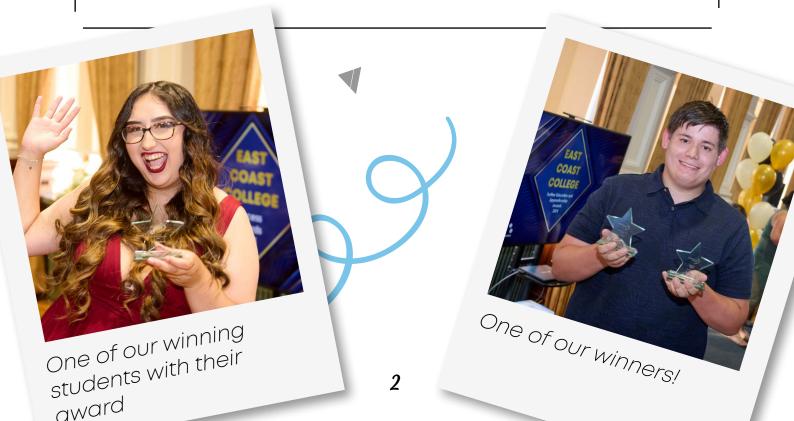
Student Awards	2
Labour Party Visit	4
Travel and Tourism Italy Trip	
SNS Conference	11
UCAS Discovery Day	

#### **STUDENT AWARDS**



We spent an exciting two nights celebrating our outstanding students' hard work and achievements at our annual awards evenings held at Great Yarmouth Town Hall.

Congratulations to all of our East Coast College, Apprenticeship and Access students who received an award!



## STUDENTS LEARN — ABOUT CAR DETAILING



Our Progression to Practical Skills students visited the car detailing facilities at Ashley School. They had an engaging experience learning about the professional standard equipment and processes they use. Students witnessed mentoring strategies, attention to detail, and independence, which will

equip students for future employment! This will help East Coast College students further develop their own car wash enterprise in the future. The college and the students really appreciated this opportunity.

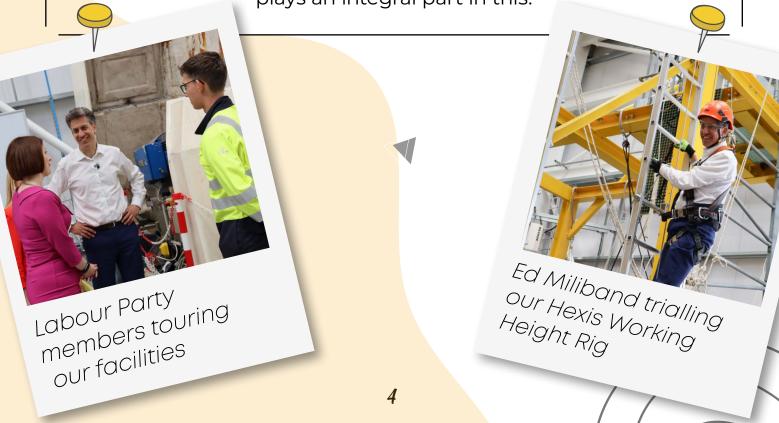


## ED MILIBAND VISITS OUR ENERGY SKILLS CENTRE

We had a visit from the Labour Party, talking all things apprenticeships and energy. We were joined by Ed Miliband, Labour's Shadow Secretary of State of Climate Change and Net Zero, Bridget Phillipson, Labour's Shadow Secretary of State for Education and Jess Asato, Labour's candidate MP for Lowestoft.

Rachel Bunn, Director for Commercial, Projects and Community, led the tour of our state-of-the-art training facilities, allowing our guests to trial first-hand the incredible work our Energy Skills Centre does and how our facilities and training programmes facilitate this. Ed Miliband trialed our Hexis Working at Heights rig which helps train those who work on wind turbines, whilst Bridget Phillipson and Jess Asato tried their hands at our Maritime Bridge Simulator, navigating the waters of the Lowestoft Port. We were also joined by our apprentices working in the industry from Scottish Power and Armultra who discussed their experiences within the sector.

This was an incredible opportunity to showcase what Further Education can offer in the energy sector and how our college plays an integral part in this.

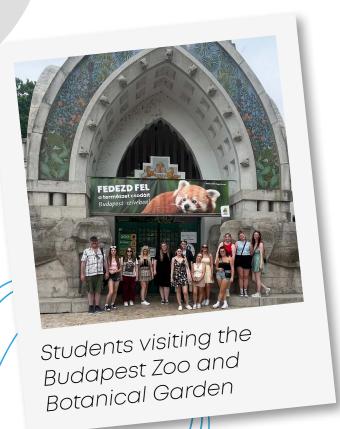


## HEALTH AND SOCIAL TRIP TO BUDAPEST

Our Health and Social Care students travelled to Budapest as part of the Turing Scheme to learn about the health care and social care systems for both adults and young people visiting hospitals, schools and other relevant settings.

The group visited the Peto University and a nursing home to learn more about Budapest's healthcare, a SEN kindergarten to meet the children there and a drug rehab centre to meet patients in their programme.

The students also had the chance to partake in some tourist activities in their downtime, including the zoo, Margaret Island and St Stephens Basilica and were even able to see the Danube bank, a memorial to the Jewish people who were killed during the Holocaust, and the Holocaust Memorial Centre where they learned about Hungary's history during the Second World War.





## **EAST RESTAURANT CLOSED FOR SUMMER**

As the academic year has come to an end, the college restaurant 'East' is now closed until the new term in September.

It has been a great year with wonderful feedback from lunch and dinner services. The team have seen some real progress made in teamwork, self-esteem, confidence and industry-related skills, along with great friendships being formed

Thank you to our students for all of their hard work this year!



#### NORFOLK SKI SLOPES TRIP

Our Level 3 Health and Social care students recently attended a trip to the Norfolk Ski Slopes. Students got to experience the thrill of whizzing down the slopes as part of a tubing experience.



#### TRAVEL AND TOURISM ITALY TRIP

Our Travel and Tourism students visited the coastal resort of Riminiin on the Adriatic Riviera in Italy's Emilia-Romagna region.

During the visit the students explored old Rimini by taking part in a historic walking tour led by a very knowledgeable tour guide, they explored the beach and the three-mile-long promenade. The three-day visit concluded with a visit to Fiabilandia, a very popular theme park for a bit of fun and to see the workings of Italian attractions.



## HEALTH AND SOCIAL FUNDRAISER



First year Level 3 Health and Social Care students have been fundraising for Refugee Week.

They made bracelets and keyrings which were sold in the foyer of the Lowestoft campus. They also gave out inspirational quotes and raised an impressive £71.

#### **VOLUNTEER STREET FAYRE**





Students applying their designs to the beehive

Progression to Employment students visited the Volunteer Street Fayre at St George's Theatre to network with a variety of volunteer organisations. The event, organised by DIAL, brought together a wide range of opportunities in the local community.

It was a great chance for our students to gain some work experience, develop social skills and build confidence. Students were keen to get involved with the design of a new beehive, getting their creative juices flowing with Reprezent Project and Gorleston Apiary.

#### **CREATIVE ARTS ITALY TRIP**

Our Creative Arts students travelled to Italy thanks to the Turing Scheme. They visited art and photography exhibitions, museums, historical landmarks and

explored beautiful towns, which inspired them artistically and allowed them to develop their drawing and photography skills.

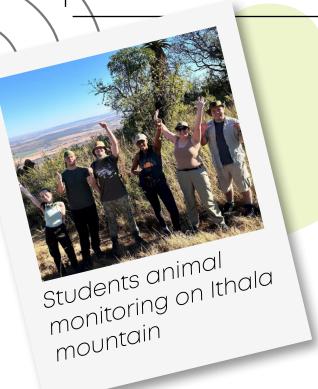


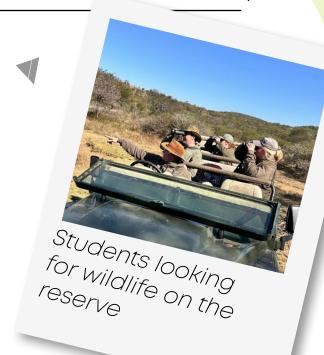




## ANIMAL CARE SOUTH AFRICA TRIP

Our degree students traveled to the UmPhafa Private Nature Reserve in South Africa for a two-week trip, where they gained first-hand experience working in wildlife and conservation alongside the reserve staff and rangers, completing animal and reserve monitoring.





## HOSPITALITY AND CATERING LONDON TRIP

Our Level 3 Professional Cookery students travelled to London to dine at City Social, a Michelin-star restaurant. The executive chef gave the group a tour of the kitchens which was very informative. All of the students agreed the food and service had inspired them.



#### TRAVEL AND TOURISM ATPI GUEST SPEAKERS

Our Travel and Tourism students welcomed Sophie, Olivia and Kirsty from ATPI to learn about the corporate travel sector.

ATPI is a global corporate travel management company with their largest office in Lowestoft. They specialise in corporate travel, events, sports travel, yachts, marine and energy amongst many other specialisms.

Our students learnt about the global business travel world and the employment opportunities available to them. A massive thank you to ATPI for their time, partnership and support of our students in their career progression.



#### **ECO HAIR CERTIFICATE**

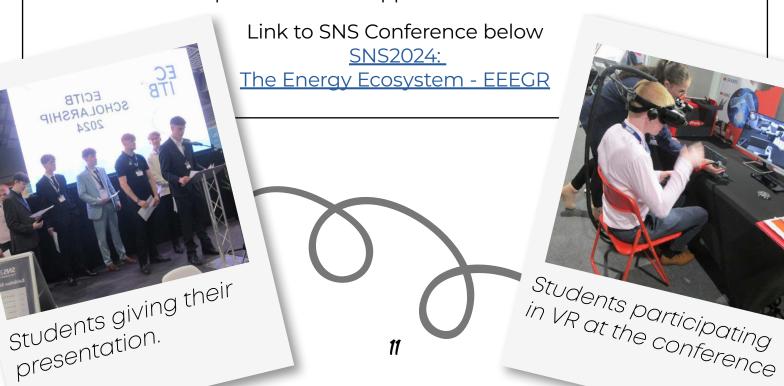
Over 40 of our students and staff in the Great Yarmouth Hairdressing department completed the ECO Hair Certificate with the Virtual Salon Training Programme. Students and staff learnt about eco-friendly/sustainable techniques and products and how to save time, water, energy and money. This certificate also enables the salon to gain the associated sustainable salon certification.

#### **SNS CONFERENCE**



Our ECITB Level 2 Engineering students attended and participated in the SNS Conference at the Norfolk Showground. The first part of the day was spent issuing security passes for attendees for the conference and provided an opportunity for our students to meet and greet influential members of the oil, gas and renewables sector within the Southern North Sea Sector.

Students delivered a presentation to the conference about the course they are doing, what they have achieved so far and what they would like to do in the future. The group had full access to the conference allowing them to tour the stands and speak to engineering companies to find outmore about their businesses and the possible career opportunities with them.



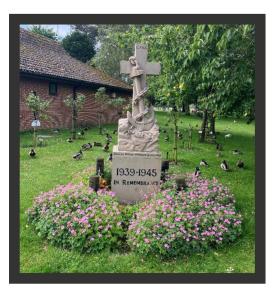
#### — GROW AND MOW — REMEMBRANCE SERVICE

The Grow and Mow students took part in an outdoor D-Day 80th Anniversary remembrance service alongside the Friends of Nicholas Everitt Park.

They showed a great deal of interest and respect and they took part in a two-minute silence.

Services have taken place in Normandy to mark the anniversary of the D-Day landings.









## ESOL - LEARNING BRITISH DISHES

ESOL students have been creating British food and translating recipes from English into their own languages. The support workers at Solace Partnerships supported this exercise by taking the students to buy food and cook some traditional British dishes.

## LOCAL REGENERATION WORKSHOP

Level 2 and 3 Business students took part in an interactive workshop exploring opportunities for regeneration in Great Yarmouth. The event was organised through our Schools Engagement Coordinator and run by local company Filigree on behalf of the Great Yarmouth Town Deal Board.

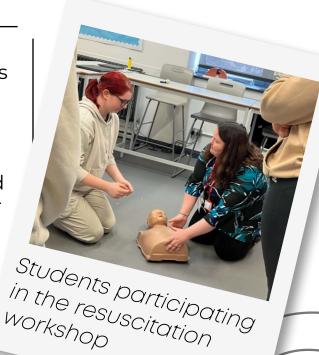
Students were actively engaged in identifying challenges and opportunities for Great Yarmouth, offering an important perspective and sharing their ideas which will be shared with the Great Yarmouth Town Deal Board.



#### **RESUSCITATION WORKSHOP**

Our Health and Social Care Level 3 students at our Lowestoft campus participated in a workshop on resuscitation from The Red Cross.

The trainer commented on how impressed she was with the students, their behaviour and how they interacted. Thank you to this team of students for being so professional and engaged during the workshop.



#### **UCAS DISCOVERY DAY**

Students from Lowestoft Sixth Form attended the UCAS Discovery Day at the University of Suffolk. It was a great opportunity for students to visit a university and be able to ask questions to a wide variety of Higher Education and apprenticeship providers (over 3 floors!) about their next steps.





## T LEVEL HEALTH TEACHING SESSION



Our T Level Health students put together a teaching session on bedmaking skills and the importance of hand washing for our Foundation Self and Home class.

This session allowed our Health student's to be independent in their session and show thier understanding of the subject.





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