

Dear Student / Parent or Carer,

East Coast College are aware of the local developments concerning the outbreak of Covid-19 and of the concerns of parents, guardians and carers of our students. We remain vigilant and are prepared to take all reasonable steps to ensure the safety of students and staff. We continue to remain up to date with current Government and Department of Education guidance. We urge you to support the efforts within our community in order to keep yourself and others safe.

**If you are concerned that you have travelled to a restricted area, or have been in contact with someone who has, in line with the guidance please do not come into college and contact us to let us know on college 0800 854 695 / Lowestoft 6th Form 01502 537000.**

### **How can the risk of catching coronavirus be reduced?**

There are things you can do to help stop germs like coronavirus spreading:

- Always carry tissues with you and use them to catch your cough or sneeze. Then bin the tissue, and wash your hands, or use a sanitiser gel.
- Wash your hands often with soap and water, especially after using public transport. Use a sanitiser gel if soap and water are not available.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are unwell.

If you have any concerns, there is a wealth of information and we urge you to take some time out of your day to read through this guidance:

- [UK Government Guidance on Coronavirus / Covid-19](#)
- [NHS Guidance - Coronavirus / Covid-19](#)
- [Department of Health and Social Care, \(DHSC\), social media links:](#)
  - Twitter
  - Facebook
  - LinkedIn

Yours Faithfully,



**Nikki Lane**

*Assistant Principal Student Wellbeing and Support*

